

EMPOWER

Education
Engagement



Mentor
Resources

PARENTING ON WHEELS 2018/2019

We are bringing the information and resources to Mission Elementary Schools

4 Nights 4 Topics

January 9th	The Big Chill "Take 2"	5 pm—7 pm	<i>Light</i>
January 16th	A Receptive State of Mind	5 pm—7 pm	<i>Dinner</i>
January 23rd	Cultivating Connections	5 pm—7 pm	<i>Provided</i>
January 30th	"Bend & Stretch Reach for the Sky"	5 pm—7 pm	

The Big Chill "Take 2" — Helping your child build self-regulation skills.

A Receptive State of Mind— Responding to your child with receptivity instead of reactivity.

Cultivating Connections— Building a warm, positive, responsive & attentive Relationship with your child develops a strong foundation in a child's brain for future learning, interactions and development.

"Bend & Stretch Reach for the Sky" — Spend some time with your child bending, stretching, breathing, laughing and just having fun.

Where?

Edwin S. Richards Elementary (ESR)
33419 Cherry Avenue
Mission

Free
Child
Minding



REGISTER 604 826 3634

Email : eyy@missioncommunityservices.com

Mission ECD Committee



MISSION
COMMUNITY
SERVICES



Canada
Community Action Program
for Children (CAPC)

